



*Our passion for delivering delicious vegetarian offerings means good business for you.*

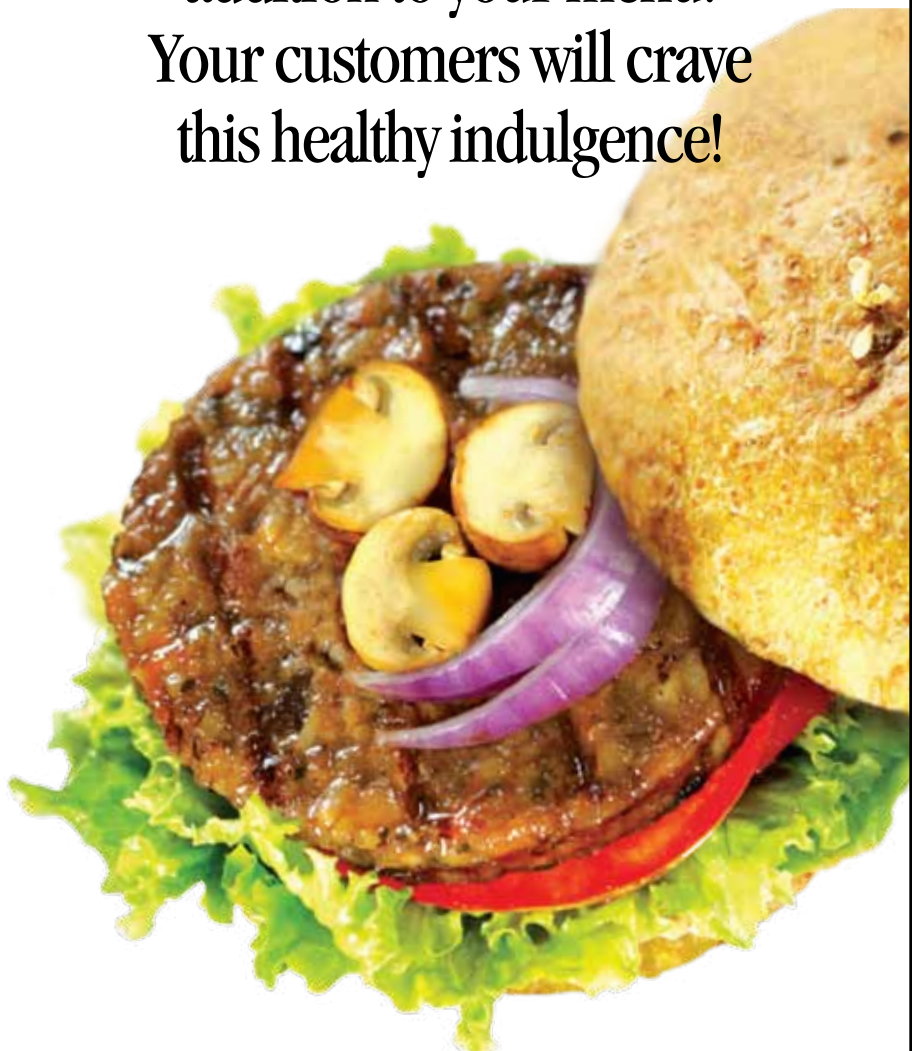
- Low fat*
- Source of fibre*
- Source of protein*
- Available in bulk and retail*
- Kosher*
- Halal*
- Trans Fat Free*
- Vegan*
- Wheat/Gluten Free*
- Cholesterol Free*

Visit [www.solcuisine.com/food-service](http://www.solcuisine.com/food-service) to check out our complete product line-up, find foodservice recipes and learn more about how Sol Cuisine can help you build your protein profit.

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# Our Mushroom Rice Burger

is the perfect addition to your menu. Your customers will crave this healthy indulgence!



# Mushroom Rice Burger



*A delectable medley of Portobello and button mushrooms, veggies, organic brown rice, black olives and veggies. Tasty, gluten free and low fat!*

**Preparation Instructions (cook from frozen):**

**Grill/Barbecue:** Grill frozen patties over medium heat for 2-3 minutes per side.

**Stovetop:** Cook frozen patties over medium heat on non-stick or lightly oiled skillet for 2-3 minutes per side.

**Oven:** Bake at 350°F (180°C), for 15-20 minutes turning once.

**Microwave:** Cook patty on microwave safe plate for 1 minute. Rotate plate and cook for an addition 1-1½ minutes or until cooked.

**DO NOT OVERCOOK!**

**INGREDIENTS:** Filtered water, vegetables (portobello and button mushrooms, onions, carrots, red & green bell peppers, black olives, potatoes, garlic), organic cooked brown rice, soy protein concentrate\*, yeast, modified cellulose, sunflower oil, organic tamari soy sauce (water, organic soybean, salt, organic alcohol-to preserve freshness), spice, salt, evaporated cane juice.

\*Identity Preserved

Nutrition Facts		Valeur nutritive	
Per 1 burger (71 g)			
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Servings Per Container 4			
Portions par contenant 4			
Amount		% Daily Value	
Teneur		% valeur quotidienne	
<b>Calories / Calories 90</b>			
<b>Fat / Lipides</b> 1.5 g		<b>2 %</b>	
Saturated / saturés 0.2 g		<b>1 %</b>	
+ Trans / trans 0 g			
<b>Cholesterol / Cholestérol</b> 0 mg		<b>0 %</b>	
<b>Sodium / Sodium</b> 290 mg		<b>12 %</b>	
<b>Carbohydrate / Glucides</b> 11 g		<b>4 %</b>	
Fibre / Fibres 3 g		<b>12 %</b>	
Sugars / Sucres 0 g			
<b>Protein / Protéines</b> 8 g			
Vitamin A / Vitamine A		2 %	
Vitamin C / Vitamine C		0 %	
Calcium / Calcium		4 %	
Iron / Fer		10 %	

**Frozen**

**Shelf Life: 1 year • Keep frozen**

**Product Code: 1825**

**Pack Size: 36 x 113 g**

**SCC#: 10 6 28025 01825 0**

*It's about quality. It's about taste.  
It's about offering a wide variety of  
vegan and vegetarian food choices  
that people love. And it's about time.*

*We've been at this for a good  
long time – over three decades –  
and our commitment shows in each  
and every one of our products.*

*We're dedicated to providing you  
with mouthwatering choices  
developed with uncompromising  
texture and flavor. We started out in  
1980 with a passion for providing  
healthy, great tasting vegan and  
vegetarian foods and today,  
that passion is just as strong.*



Your natural source for healthy, delicious  
vegetarian foods since 1980.